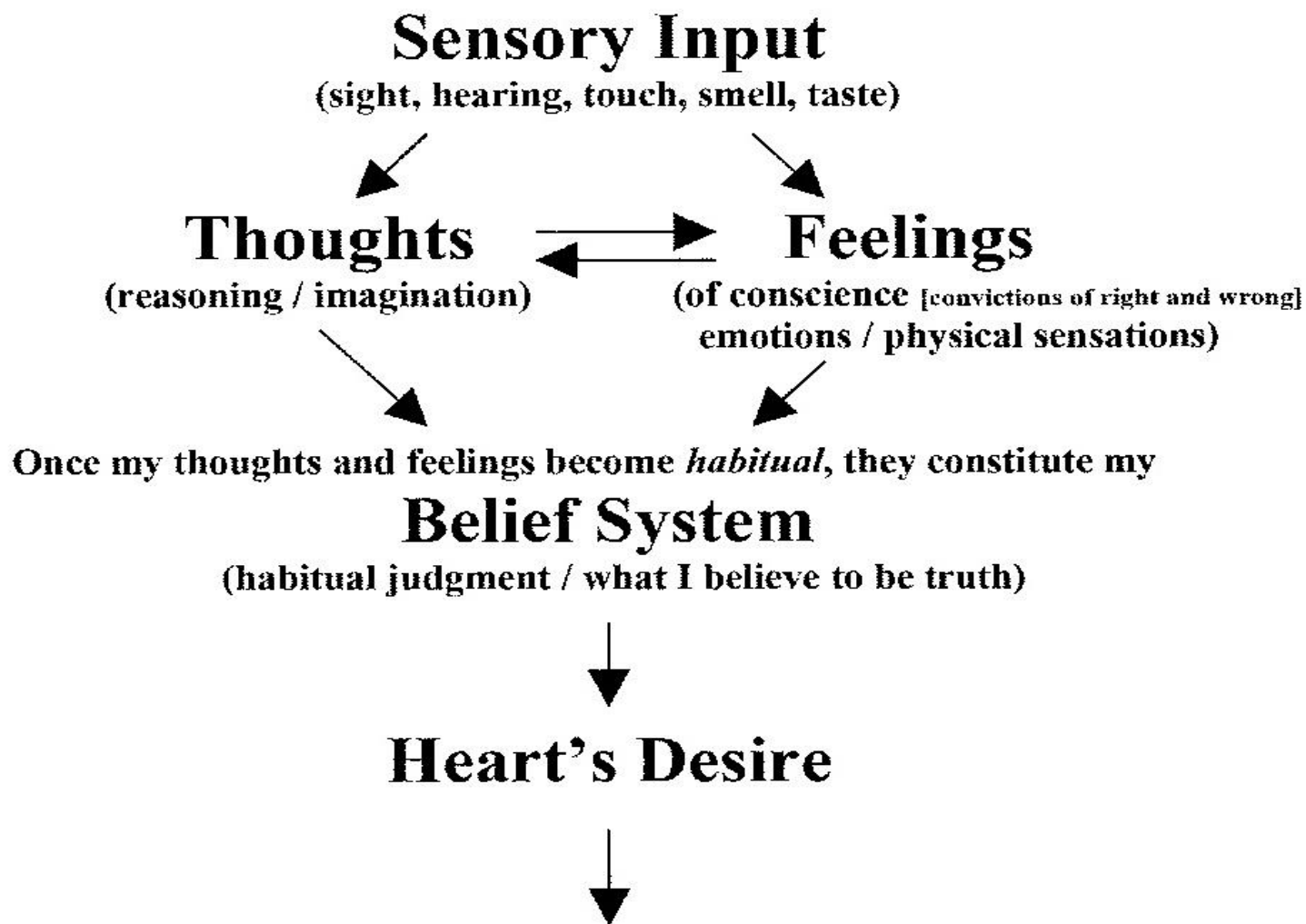


From Thoughts to Destiny Flow Chart (Mind to Body)





Purpose of Heart

(my choice / decision, strongly affected by heart's desire, as to how I will respond to my belief)



Actions, Words, Attitudes



Habits

(patterns of living formed by repetition)



Character

(who my habits make me)



Destiny

(where I will spend eternity)